

LEARN TO SKATE PROGRAM

LOCATION - HASSE ARENA, 8525 215TH ST., LAKEVILLE www.lakevillearenas.org, 952-985-2170



Lakeville Arenas is excited to offer The New US Figure Skating Basic Skills Program. The program is geared toward recreational skaters of all ages and skill levels. Instructors will follow the skill progressions outlined in US Figure Skating Basic Skills. Skaters will be evaluated throughout the session to determine if they are ready to advance. Our program has a 12:1 student/instructor ratio to ensure quality instruction, except for the Snowplow Sam and P.A.L.S. classes which have an 8:1 ratio. Questions regarding lessons can be e-mailed to the director at learntoskate@charter.net.

REQUIREMENTS: Children in the Snowplow Sam and P.A.L.S. classes must wear a helmet (bike helmets work well), gloves and snow pants. All participants are required to wear gloves or mittens. Participants must provide their own skates or rental skates are available for \$3 per person/per class. No double blades. Lakeville Arenas offers skate sharpening for \$4 per pair of skates.

US FIGURE SKATING BASIC SKILLS

\$89 PER SESSION/\$125 P.A.L.S PER SESSION



If your skater has taken lessons previously, please check our website www.lakevillearenas.org for a conversion chart indicating what level to register for or email the director at learntoskate@charter.net.

ADULTS: (16 years and older) This class is designed for the beginner skater up to the advanced. We will teach you your choice of either figure skating or hockey skating skills. This class offers a more one-on-one lesson structure.

P.A.L.S.: Parent and Little Skater, (3-5 years old) This class will teach the child and parent how to skate and teach the parent how to teach their child to skate. It's a great class for the beginning skater. The parent/guardian must be at least 16 years old.

SNOWPLOW SAM: (3-5 years old) Designed to develop preliminary coordination and strength necessary to move on skates.

HOCKEY 1-2: Fundamentals of hockey skating, skaters will learn to move faster and be more agile on the ice. All elements will be taught without a stick or puck. Will work on forward skating, backward skating and stopping.

HOCKEY 3-4: Fundamentals of hockey skating, skaters will learn to move faster and be more agile on the ice. All elements will be taught without a stick or puck. Designed for those skaters that have passed Hockey 2. Will work on turns, crossovers and stopping.

THE BASIC EIGHT: These eight levels of the program introduce the fundamental figure skating moves, forward skating, backward skating, stops, crossovers and turns. Upon completion of the Basic 1-8 levels, skaters will have the basic knowledge of the sport to advance to the Free Skate levels.

BASIC 1: Designed for figure skaters 6 and older with little or no skating experience. Will work on forward/backward skating and stopping.

BASIC 2-3: Designed for those figure skaters that have passed Basic 1 or Snow Plow Sam. Will work on backwards, turning and introduction to spins.

BASIC 4-5: Designed for those figure skaters that have passed Basic 3. Will work on edges, crossovers and stroking.

BASIC 6,7,8: Designed for those figure skaters that have passed Basic 5. Will work on spirals, footwork and introduction to jumping.

FREE SKATE 1-6: Designed for those figure skater that have passed Basic 8. Free skate will be divided into four sections - moves in the field, dance sequence, spins and jumps.

Tuesday Skating Schedule

MARCH 13 - MAY 1 (8 WEEKS) - REG. STARTS FEB. 25

| LEVEL | LESSON/PRACTICE | PROGRAM # |
|--------------------|---------------------|-----------|
| Snowplow Sam | 9 a.m./9:30 a.m. | #5299 |
| P.A.L.S. | 9:30 a.m./9 a.m. | #5291 |
| Basic 1/Hockey 1-2 | 10 a.m./9:30 a.m. | #5301 |
| Snowplow Sam | 1:15 p.m./1:45 p.m. | #5295 |
| P.A.L.S. | 1:45 p.m./1:15 p.m. | #5303 |
| Basic 1/Hockey 1-2 | 2:15 p.m./1:45 p.m. | #5307 |
| Snowplow Sam | 6 p.m./6:30 p.m. | #5293 |
| Basic 1 | 6 p.m./6:30 p.m. | #5285 |
| Snowplow Sam | 6:30 p.m./6 p.m. | #5287 |
| P.A.L.S. | 6:30 p.m./6 p.m. | #5308 |
| Hockey 1-2 | 6:30 p.m./6 p.m. | #5296 |
| Basic 1 | 7 p.m./7:30 p.m. | #5309 |
| Hockey 1-2 | 7 p.m./7:30 p.m. | #5302 |
| Adult | 7:30 p.m./7 p.m. | #5279 |
| Basic 2-3 | 7:30 p.m./7 p.m. | #5278 |
| Basic 4-8 | 7:30 p.m./7 p.m. | #5290 |

Note: Based on the skater's ability, class and practice times may switch within the same hour (i.e. practice first then lesson or lesson first then practice).

Summer Lessons—visit lakevillearenas.org after March 24 for a class list or call 952-985-4600 and we will mail you one.

Tuesdays—June 12 - Aug. 7 (no lessons July 3).
Registration for summer lessons starts May 5.

Saturday Skating Schedule

MARCH 10 - MAY 5 (NO LESSONS APR. 7) - REG. STARTS FEB. 25

| LEVEL | LESSON/PRACTICE | PROGRAM # |
|--------------|---------------------|-----------|
| Adult | 8 a.m./8:30 a.m. | #5311 |
| Basic 2-3 | 8 a.m./8:30 a.m. | #5306 |
| Basic 4-8 | 8 a.m./8:30 a.m. | #5312 |
| Snowplow Sam | 8:30 a.m./8 a.m. | #5305 |
| Basic 1 | 8:30 a.m./8 a.m. | #5297 |
| Snowplow Sam | 9:15 a.m./9:45 a.m. | #5304 |
| Basic 1 | 9:15 a.m./9:45 a.m. | #5313 |
| P.A.L.S. | 9:45 a.m./9:15 a.m. | #5294 |
| Hockey 1-2 | 9:45 a.m./9:15 a.m. | #5300 |
| Hockey 3-4 | 9:45 a.m./9:15 a.m. | #5283 |
| Snowplow Sam | 10:30 a.m./10 a.m. | #5315 |
| Basic 1 | 10:30 a.m./10 a.m. | #5286 |
| Basic 2-3 | 10:30 a.m./10 a.m. | #5316 |

For information on ice and dry floor rental and public open skating schedule, visit www.lakevillearenas.org

This flyer is not printed by District 194 nor is the event, class or activity sponsored or endorsed by District 194

See other side to Register



REGISTRATION PROCEDURES

Adult Team Sports: For information, contact Dan Brettschneider at 952-985-4615.

Confirmations: The Parks & Recreation Department will send program receipts to confirm registration if registering other than online. If a class is full, your name will be placed on a waiting list and your fee returned.

Deadlines: Please register early to ensure a space. Most activities have registration deadlines, generally five business days prior to start of activity (unless otherwise noted). The Parks & Recreation Department reserves the right to cancel a program. Those enrolled in a program that is cancelled will receive a refund.

Payment: Registration, team sports and facility reservations can be made with cash, check, VISA, MasterCard or American Express.

Refund Policy: Registration fees for a program cancelled by the Parks & Recreation Department will be fully refunded. A \$2 service fee will be charged for individual cancellations made prior to the start of program and/or activity registration deadline. No refunds can be made after start of program and/or activity registration deadline, whichever comes first.

Scholarships: Financial scholarships are available for eligible youth recreation participants. For information, contact the Parks & Recreation Department at 952-985-4600.

Equal Opportunities: The City of Lakeville believes that all residents regardless of race, color, national origin, sex, religion, age, or disability have the right to participate in activities of their choice. For those with disabilities, please call 952-985-4615.

Waiver Statement: When registering for a program by phone, the following waiver statement is implied: "I hereby release, absolve and hold harmless the City of Lakeville, its officers, employees and agents from damage resulting from any injury incurred by me or my child while participating in any Parks & Recreation program. I/we understand that the City of Lakeville assumes no responsibility for injury before, during, or after programs."

Disclaimer: This program schedule is published for information purposes only. Lakeville reserves the right to make changes in the content and provision of the program schedule without notice.

Photos: Lakeville Parks & Recreation Department periodically takes pictures of participants in our programs, during special events, and in the parks. These photos may be used in the City's media publications.



WAYS TO REGISTER

ONLINE—RAPConnect
Recreation Arts Parks
lakeville-rapconnect.com
Follow screen instructions
Credit card only
(VISA, MasterCard,
American Express)

PHONE—952-985-4600
Credit card only

FAX—952-985-4499
Fax registration form
Credit card only

BY MAIL
Mail registration form to:
City of Lakeville
20195 Holyoke Ave.
Lakeville, MN 55044
Check, credit card

WALK-IN
City Hall
20195 Holyoke Ave.
Mon.-Fri., 8 a.m. to 4:30 p.m.

DROP BOX
After-hours drop box at City Hall,
20195 Holyoke Ave.

Extra registration forms
can be printed from the
Lakeville website at
www.lakevillemn.gov

**PARKS &
RECREATION
SUMMER
BROCHURE**
Available starting March 24

Get a copy by going to
lakeville-rapconnect.com
or call us at
952-985-4600
and we will mail
you a brochure.



Creating
Community
through
People, Parks
& Programs

lakeville-rapconnect.com

PROGRAM REGISTRATION FORM

PARENT/PRIMARY CONTACT

Last Name _____ First Name _____

Male Female If new phone or address

Street Address _____ City _____ State _____ Zip _____

Phone (h) _____ Phone (w) _____ Phone (c) _____

E-mail _____ Yes, please send me e-mail updates

Special needs or requests: _____

PARTICIPANT INFORMATION

| PARTICIPANT'S NAME | GENDER (M/F) | T-SHIRT SIZE (if required) YS, YM, YL, AS, AM, AL, AXL | BIRTHDATE | PROGRAM NAME | PROGRAM # | FEE |
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Waiver Statement: I hereby release, absolve and hold harmless the City of Lakeville, its officers, employees and agents from damage resulting from any injury incurred by me or my child while participating in the above-mentioned programs. I/we understand that the City of Lakeville assumes no responsibility for injury before, during or after programs.

Participant's Signature _____ Parent/Guardian Signature _____ Date _____
(If participant is under 18 years of age)

PAYMENT METHOD

Cash Check—Payable to: City of Lakeville VISA MasterCard American Express Discover

Card Number _____ Expiration Date _____

Cardholder Name (please print) _____ Authorized Signature _____